



Erasmus +



Cofinanziato
dall'Unione europea



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Mobilità Erasmus+ di Job Shadowing: scambio di buone pratiche su orientamento, inclusione e benessere

Partecipanti: Linnéa Lindström Larsson e Lilian Le 21-23 aprile

Dal 21 al 23 aprile il nostro istituto ha avuto il piacere di accogliere le colleghe svedesi Linnéa Lindström Larsson e Lilian Le nell'ambito di una mobilità Erasmus+ di job shadowing dedicata ai temi dell'orientamento, dei percorsi scolastici, dell'inclusione e del benessere degli studenti.

Coordinata dalla referente Erasmus prof.ssa Ylenia Ciliberto, la mobilità ha rappresentato un'importante occasione di confronto professionale, apprendimento tra pari e scambio di buone pratiche tra il sistema scolastico italiano e quello svedese.

Nel corso delle tre giornate, le docenti ospiti hanno partecipato a un ricco programma di attività pensato per valorizzare l'approccio del nostro istituto ai temi dell'orientamento e dell'inclusione. La mobilità si è aperta con un momento di accoglienza e immersione nella vita scolastica, tra attività di arricchimento culturale nel laboratorio di registrazione musicale e incontri con il Team Sostegno, i tutor dell'orientamento e i referenti dei percorsi scuola-lavoro, offrendo una panoramica concreta delle pratiche messe in atto per accompagnare gli studenti nelle loro scelte formative e professionali.

Un aspetto centrale dell'esperienza è stato il job shadowing in classe e il co-teaching, che hanno permesso alle partecipanti di osservare metodologie didattiche, confrontare approcci educativi e riflettere insieme su strategie innovative per sostenere il successo formativo degli studenti. Dalle lezioni di educazione civica alle attività comparative sui sistemi scolastici italiano e svedese, ogni momento ha contribuito a un autentico dialogo pedagogico europeo.

Particolare rilievo hanno avuto i momenti dedicati alla student voice, attraverso panel discussion con studenti ed ex studenti sui temi delle scelte future, delle aspettative e delle transizioni post-diploma. Questi incontri hanno offerto un'importante occasione di riflessione sul ruolo dell'orientamento come strumento di empowerment e cittadinanza attiva.

La mobilità ha inoltre valorizzato la dimensione culturale e artistica come parte integrante dell'esperienza educativa, attraverso la visita a Piazza dei Miracoli, la partecipazione alle prove dell'orchestra del Liceo Musicale e il Concerto dedicato alla

Terra, mostrando come cultura, creatività e benessere possano contribuire a una visione olistica dell'educazione.

Le attività si sono concluse con una sessione finale di riflessione e con un dialogo aperto sul sistema scolastico svedese, con particolare attenzione alle pratiche di orientamento e alle politiche per il benessere degli studenti, rafforzando il valore della cooperazione europea come spazio di innovazione e crescita condivisa.

Questa esperienza di job shadowing ha rappresentato un'importante occasione di sviluppo professionale e crescita umana, confermando il valore di Erasmus+ come motore di internazionalizzazione, innovazione didattica e costruzione di una comunità educativa europea.

Un sentito ringraziamento a tutti i docenti, gli studenti e il personale che hanno contribuito alla riuscita della mobilità, rendendo ancora una volta il nostro istituto uno spazio aperto al dialogo internazionale e alla collaborazione europea.

Le immagini che seguono raccontano alcuni dei momenti più significativi della mobilità: dalle attività didattiche e i momenti di confronto professionale, fino alle esperienze culturali e ai momenti conviviali, come i pranzi condivisi tra docenti e studenti, che hanno ulteriormente arricchito lo spirito di collaborazione e scambio.

English version:

Erasmus+ Job Shadowing Mobility: Sharing Good Practices in Guidance, Inclusion and Student Well-being

From 21 to 23 April, our school was pleased to host Swedish teachers Linnéa Lindström Larsson and Lilian Le for an Erasmus+ job shadowing mobility focused on career guidance, educational pathways, inclusion and student well-being.

Led by our Erasmus coordinator Mrs Ylenia Ciliberto, the mobility provided a valuable opportunity for professional exchange, peer learning and the sharing of good practices between the Italian and Swedish educational systems.

Throughout the three-day programme, the visiting teachers took part in a wide range of activities designed to showcase our school's approach to guidance and inclusion. The mobility began with a welcome session and an immersion into school life, including cultural enrichment activities in the recording studio and meetings with the Special Needs Team, guidance tutors and school-to-work coordinators. These sessions highlighted our school's commitment to supporting students in making informed educational and career choices.

A central aspect of the mobility was classroom observation and co-teaching, which enabled the participants to explore teaching methodologies across different subjects and pathways. Activities ranged from civic education lessons and comparative discussions on the Italian and Swedish school systems to collaborative reflections on innovative approaches to orientation and student support.

Particular emphasis was placed on student voice and participation through several student and alumni panel discussions, where participants explored themes such as future aspirations, doubts, transitions and career choices. These moments provided

meaningful opportunities to reflect on the role of guidance in supporting students' personal and academic development.

The programme also offered opportunities to experience the cultural and artistic dimension of our school community, including a visit to Piazza dei Miracoli, attendance at the Music High School orchestra rehearsal and the Concert Dedicated to the Earth. These activities highlighted how cultural enrichment contributes to holistic education and student well-being.

The mobility concluded with a final reflection session and an open dialogue on the Swedish school system, with particular focus on guidance practices and well-being policies. This final exchange reinforced the value of international cooperation in promoting innovation and mutual learning.

This Erasmus+ job shadowing experience represented an important opportunity for professional development, intercultural dialogue and European collaboration, strengthening shared commitment to inclusive education and high-quality guidance practices.

We warmly thank all teachers, students and staff who contributed to the success of this mobility and helped make our school once again a vibrant space for European exchange and cooperation.

The images below capture some of the most meaningful moments of the mobility, from classroom activities and professional exchanges to cultural experiences and convivial moments, such as shared lunches among teachers and students, which further enriched the spirit of collaboration and mutual understanding.

Comments:

"We had a lovely week in Pisa at Liceo G. Carducci. It was a well-organised and welcoming experience. The students and school staff gave us so many good memories. We are leaving Pisa with new perspectives and practical insights. Thank you to Ylenia and the school for being such good hosts. We would also like to thank the students for being welcoming, for all the good discussions and last but not least, for all the amazing performances by the music students. These discussions and shared experiences are what motivates us to improve and commit to our work." **Linnéa e Lilian**

"The meeting we attended on April 21st was very useful, as it gave us the chance to talk openly about our choices regarding high school and our future, and provided us with food for thought. The Swedish teachers from the Erasmus programme not only listened to us, but also showed great interest. They gave us information on how these issues are dealt with in their country, offering us a different but very interesting perspective."

Sofia Baldacci e Sara Rotini, 5F

"I really enjoyed the experience I had at the meeting with current and former students. It was interesting to hear about how the current students are shaping their ideas for the future, what's influencing them and how they're trying to find what makes them passionate about something. They were honest about their needs and what they would like to have to get a smoother experience in choosing their path. The input from the Swedish teachers was really helpful to see

how a different system might help us, overall it was a good experience.” **Greta Vongher, former student**



A day at Piazza dei Miracoli with 1E



Panel with current and former students: Students and Their Future: Choices, Doubts and Expectations



Co-teaching with Mrs Fantin and Colmone



Sharing lunch moments with Liceo Carducci teachers